

BODE Index

Predicting survival in COPD

	0	1	2	3
Body mass Index	> 21	≤ 21		
airflow O bstruction (FEV1 % predicted)	≥ 65	50 – 64	36 – 49	≤ 35
Dyspnoea (mMRC dyspnoea scale)	0-1	2	3	4
Exercise (6-minute walk distance, metres)	> 350	250 – 349	150 – 249	≤ 149

Total Score 4-year survival

0-2	80%
3-4	67%
4-6	57%
7-10	18%